

Distribution of demographic characteristics, the Singapore Chinese Health Cohort

Characteristics	Distribution
Total subjects	63,257
Gender, N (%)	
Men	27,954 (44.2)
Women	35,303 (55.8)
Dialect, N (%)	
Cantonese	29,284 (46.3)
Hokkien	33,973 (53.7)
Age (years), mean (SD)	56.5 (8.0)
Age (years), N (%)	
45 – 49	15,769 (24.9)
50 – 54	12,929 (20.5)
55 – 59	12,154 (19.2)
60 – 64	10,045 (15.9)
65 – 69	7,597 (12.0)
70 – 74	4,763 (7.5)
Weight (kg), mean (SD)	58.8 (9.7)
Height (cm), mean (SD)	159.4 (8.0)
Body mass index (Kg/m ²), mean (SD)	23.1 (3.3)
Body mass index (Kg/m ²), N (%)	
< 20	9,742 (15.4)
20-<24	34,152 (54.0)
24-<28	14,822 (23.4)
28+	4,541 (7.2)
Education, N (%)	
No school	17,333 (27.4)
Primary	28,050 (44.3)
Secondary or high	17,874 (28.3)
Smoking status, N (%)	
Never	43,930 (69.5)
Former	6,993 (11.0)
Current	12,334 (19.5)
Alcohol drinking	
Nondrinker	51,384 (81.2)
< 7 drinks/week	8,917 (14.1)
7+ drinks/week	2,956 (4.7)