

Distribution of demographic characteristics, The Shanghai Cohort Study

Characteristics	Distribution
Total subjects	18,244
Age (years), mean (SD)	55.8 (5.7)
Age (years), N (%)	
45 – 49	3,476 (19.1)
50 – 54	4,403 (24.1)
55 – 59	5,317 (29.1)
60 – 64	5,048 (27.7)
Weight (kg), mean (SD)	63.1 (9.1)
Height (cm), mean (SD)	168.7 (5.5)
Body mass index (Kg/m ²), mean (SD)	22.2 (3.0)
Body mass index (Kg/m ²), N (%)	
< 20	4,559 (25.0)
20-<24	8,941 (49.0)
24-<28	4,137 (22.7)
28+	607 (3.3)
Education, N (%)	
Primary school or less	5,200 (28.5)
Junior middle school	5,330 (29.2)
Senior middle school	3,205 (17.6)
College or above	4,509 (24.7)
Smoking status, N (%)	
Never	7,787 (42.7)
Former	1,256 (6.9)
Current	9,201 (50.4)
Alcohol drinking	
Nondrinker	10,471 (57.4)
< 7 drinks/week	2,473 (13.6)
7+ drinks/week	5,300 (29.0)